



HOW TO  
DECORATE

# fruit patterned cookies

beginner cookie decorating guide

Iced  
Kitchen

## table of contents

04	<u>Supply List +</u> <u>Important Links</u>
05	<u>Icing Consistency,</u> <u>Coloring + Bagging</u>
10	<u>Cookie Base</u>
11	<u>Watermelon</u>
13	<u>Cherry</u>
15	<u>Strawberry</u>
17	<u>Storing + Sharing</u>



---

follow along on  
YouTube



- ☐ sugar cookies
- ☐ royal icing
- ☐ toothpick or scribe
- ☐ red gel food coloring
- ☐ blue gel food coloring
- ☐ white food coloring\*
- ☐ yellow food coloring
- ☐ edible pen/marker\*
- ☐ paper towel
- ☐ 7 tipless piping bags (or more)

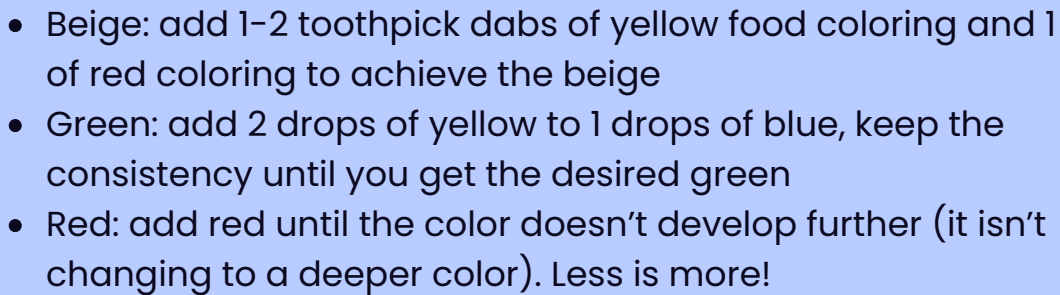
## get your supplies together





## divide and color your icing

This is a great set to utilize the “one bowl method” – using one bowl to mix all the colors without cleaning it in between. With such vibrant colors, any left over colored icing typically blends into the next (but if you’re concerned, quickly rinse the bowl). Mix in this order: white, light blue, blue, and purple.

- 
- Beige: add 1-2 toothpick dabs of yellow food coloring and 1 of red coloring to achieve the beige
  - Green: add 2 drops of yellow to 1 drops of blue, keep the consistency until you get the desired green
  - Red: add red until the color doesn’t develop further (it isn’t changing to a deeper color). Less is more!

Be sure to add the color before adding any water to get to the right consistency. As the color you want to achieve is richer in tone or darker, the icing will become a thinner consistency from the gel food coloring.

Additionally, do not continue to add food coloring if the color is not getting any darker/developing into a darker color. It will dry darker than you think!

## mix the icing consistency

When using royal icing, the consistency of the icing allows you to do different decorations. Often what you see on social media or in recipes are two different icing consistencies, a line and a flood. But for these cookies, you’ll have one consistency that sits between a line and a flood.

This is a 20 second icing. Its names come from the amount of time it takes the icing to “settle” or level out on a cookie. After you’ve mixed in the food coloring, add a little bit of water at a time (I tend to do 1/4 - 1/2 teaspoon) until you get to the right consistency.

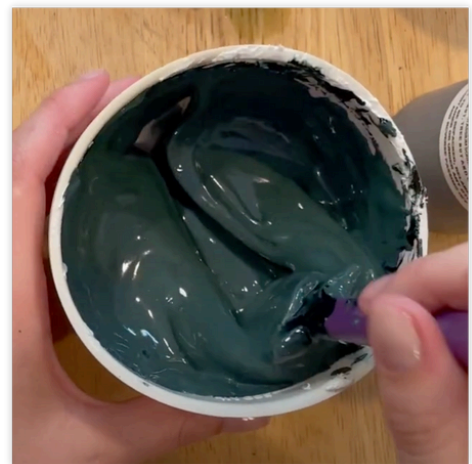
The 20 second consistency will take 20 seconds to settle after you run a spoon or knife through it. You can also lift a small amount with a spatula and see how it runs off, like Elmer's Glue.

This consistency is thick enough to create its own "edge" so the icing doesn't run over the side of a cookie (replacing the need for a "line" consistency), but also thin enough to fill a cookie like a "flood" consistency would.

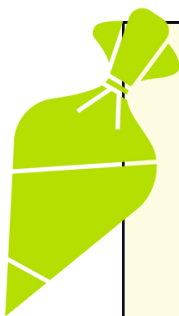
It also allows you to do "wet on wet" decorating, where you place different colors of icing that are the same consistency on or near one another to decorate.

## 20 second icing

Before adding water  
and then at the  
right consistency



If you make your icing a little bit too thin, don't worry! A 20 second icing can still work as thin as 15 seconds. If it is accidentally thinner than that, mix in a tablespoon of powdered sugar one at a time until it's thickened up.



if your icing is too thin, add a tablespoon of powdered sugar at a time to thicken it back up!

# bag the icing

Majority of the time, you will want to put all of your different icing colors and consistencies into their own tipless piping bag. Tipless piping bags are one time use piping bags that do not require a piping tip in order to be used. Instead you cut the tip of your piping bag to the desired size or shape.



tipless piping bag



piping bag with a tip

You can get tipless piping bags in a variety of sizes, a good size for any cookie project is a 12 inch piping bag. You can fill these with a large amount of icing or a small amount based on your needs.

When doing more precise design work, it's easier for you to use smaller piping bags or to not fill your bag as full as possible. This allows you more hand dexterity.

It's like writing with a pencil, too big and you'll be more clumsy, thinner and smaller and you can write just fine!



# fill your piping bag

Use a cup, open your piping bag, and place it inside



Pour your icing inside the piping bag



Once filled, pull up the sides of the bag, twist the end, and tie into a knot or clip the end





# cut the end of your piping bag

When you're ready to decorate, grab your piping bag and flatten out the end, placing the seam face up. This will allow you to cut a straight line on the end of the piping bag, creating a circle for the icing flows through it.

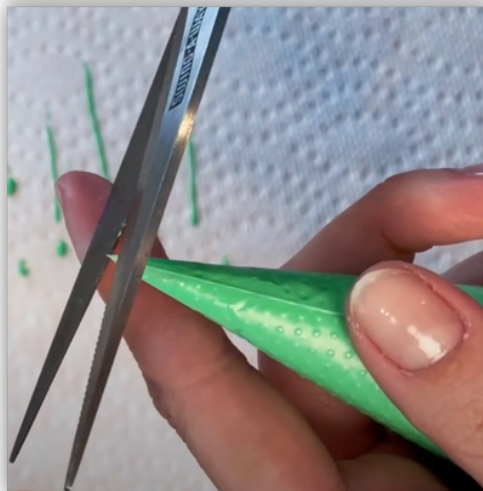
Start by cutting a small amount off the end and test piping until you can pipe a line of icing without needing too much pressure.

If you end up cutting too much off, start over with a new bag!

Place the seam side up and flatten the tip of the bag



Cut a small piece, straight across the end



If your icing is “curling” around the end of the piping bag, turn the bag 90 degrees and cut another straight line. Sometimes straight cuts from one angle can cause curved cuts from another. It’s annoying.

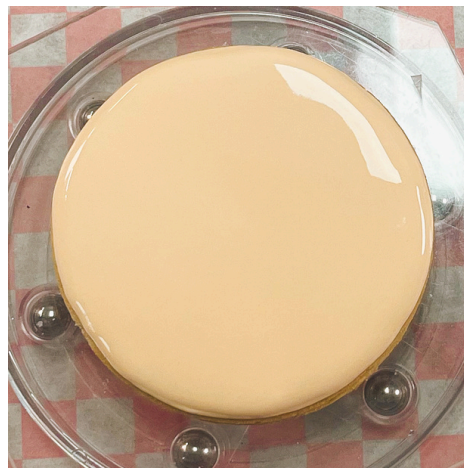


## decorate: cookie base

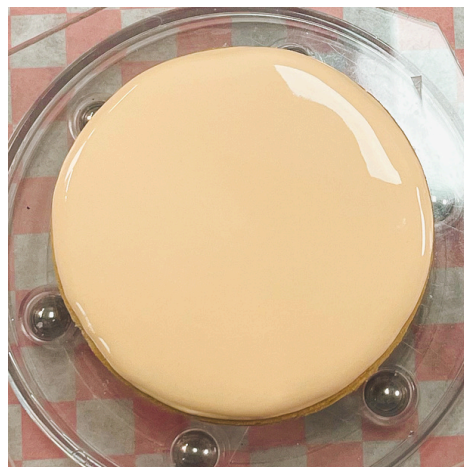
Outline the cookie  
with the beige  
icing



Fill in the outline  
with the same  
beige icing



**You can now add  
the rest of the  
decorations for  
each cookie!**



## decorate: watermelon cookie

Pipe a small half circle in red



Fill in that half circle with red



Repeat this process creating a 3-2-3 pattern



Using green, add a line around the curve of each half circle



Once icing is completely dry, use an edible pen to draw seeds and any additional details



**Your watermelon cookie is complete!**





## decorate: cherry cookie

Using green, pipe two lines to make a curved upside down V shape in a 3-2-3 pattern



Using red, pipe a heart shapes at the end of two of the lines



Repeat this process for each line (stem)



Once icing is completely dry, use an edible pen to draw any additional details



**Your cherry cookie is complete!**





## decorate: strawberry cookie

Using red, in the center of the cookie pipe a soft triangle



Fill in the triangle and repeat the step making a 1-2-3-2-1 pattern



Using green, pipe squiggles at the top of each triangle/strawberry shape, some overlapping the red, others going out



Once icing is completely dry, use an edible pen to draw seeds and any additional details



**Your strawberry cookie is complete!**



## storing and sharing

Allow your cookies to dry for at least 8 hours (possibly more) until they are hard to the touch. You can store your cookies in an air tight container or bag. They will remain soft cookies for around two weeks in a sealed container. You can even freeze them to enjoy later.

Share with friends or family or keep all for yourself!

enjoy your cookies!

