heart's delight decorating guide

01

### hearts in your eyes?

Valentine's day has always been one of my favorite holidays. I never saw it as something you needed a partner for, but a chance to just share with those you love, how much you love them.



**Iced Kitchen** 02



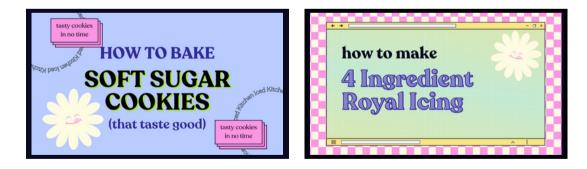
# follow along on YouTube





#### <u>get your supplies together</u>

Before we dig into decorating, make sure you have baked your cookies (roughly 2 dozen, but you can do more or less) and made your royal icing (one batch of my recipe will work for 2 dozen cookies). Recipes are linked in the supply list and videos walking through each recipe can be found linked below.



Next, we'll walk through mixing your colors consistency.

## divide and color your icing

For the beach cookies, you're going to need to create 3 different colors. You will need white (optional), light blue, and blue icing.

Using one bowl, begin mix your icing and consistency starting with white, then red. You can create an even amount of icing, or make predominantly one or the other color.



When initially making your royal icing, you can add in the white food coloring into the royal icing mix. White food coloring not only gives you a brighter white, but it helps you fight "butter bleed" (when butter in your cookie shows in your royal icing) causing your white to look more yellow as it dries.

## mix the icing consistency

When using royal icing, the consistency of the icing allows you to do different decorations. Often what you see on social media or in recipes are two different icing consistencies, a line and a flood. But for these cookies, you'll have one consistency that sits between a line and a flood.

This is a 20 second icing. It's names come from the amount of time it takes the icing to "settle" or level out on a cookie.

After you've mixed in the food coloring, add a little bit of water at a time (I tend to do 1/4 - 1/2 teaspoon) until you get to the right consistency.

The 20 second consistency will take 20 seconds to settle after you run a spoon or knife through it. You can also lift a small amount with a spatula and see how it runs off, like Elmer's Glue.

This consistency is thick enough to create its own "edge" so the icing doesn't run over the side of a cookie (replacing the need for a "line" consistency), but also thin enough to fill a cookie like a "flood" consistency would.

It also allows you to do "wet on wet" decorating, where you place different colors of icing that are the same consistency on or near one another to decorate.

20 second icing Before adding water and then at the right consistency



If you make your icing a little bit too thin, don't worry! A 20 second icing can still work as thin as 15 seconds. If it is accidentally thinner than that, mix in a tablespoon of powdered sugar one at a time until it's thickened up.

> if your icing is too thin, add a tablespoon of powdered sugar at a time to thicken it back up!

## bag the icing

Majority of the time, you will want to put all of your different icing colors and consistencies into their own tipless piping bag. Tipless piping bags are one time use piping bags that do not require a piping tip in order to be used. Instead you cut the tip of your piping bag to the desired size or shape.



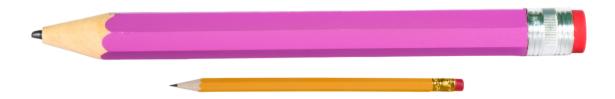
tipless piping bag

piping bag with a tip

You can get tipless piping bags in a variety of sizes, a good size for any cookie project is a 12 inch piping bag. You can fill these with a large amount of icing or a small amount based on your needs.

When doing more precise design work, like you'll do with this cookie set, it's easier for you to use smaller piping bags or to not fill your bag as full as possible. This allows you more hand dexterity.

It's like writing with a pencil, too big and you'll be more clumsy, thinner and smaller and you can write just fine!



### fill your piping bag

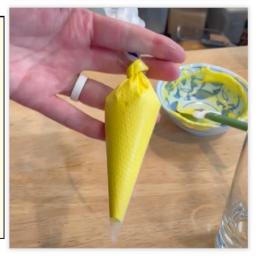
Use a cup, open your piping bag, and place it inside



Pour your icing inside the piping bag



Once filled, pull up the sides of the bag, twist the end, and tie into a knot or clip the end

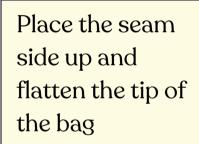


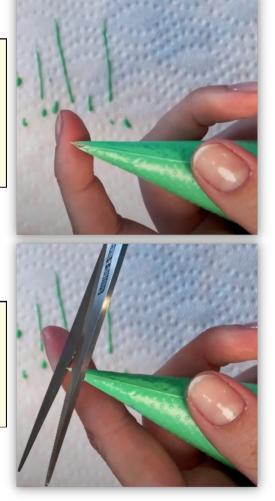
## cut the end of your piping bag

When you're ready to decorate, grab your piping bag and flatten out the end, placing the seam face up. This will allow you to cut a straight line on the end of the piping bag, creating a circle for the icing flows through it.

Start by cutting a small amount off the end and test piping until you can pipe a line of icing without needing too much pressure.

If you end up cutting too much off, start over with a new bag!





Cut a small piece, straight across the end

### decorate: negative space cookie

For those who might like a little less icing or just wants to use one color, this cookie is perfect!

With your scribe or edible pen, draw a heart in the cookie



Outline the cookie and the heart



Fill in the outlines sections, leaving the heart empty

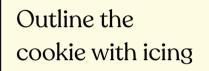


Your negative space heart cookie is complete!



## decorate: single line cookie

One of my favorite decorating styles is single line drawing, this heart is meant to look like a single line (simple to do with a heart). Simple, yet beautiful.





Fill in the outline with icing



start at the bottom of the heart and slowly create your heart!

Draw a heart with contrasting icing with a single line



Your single line heart cookie is complete!



## decorate: heart of hearts cookie

Trickiest cookie of the bunch takes a steady hand to locate all the dots!

Outline the cookie with a line of icing



Fill in with white icing, using your scribe to even out the icing



With a contrasting icing color, pipe dots in a shape of a heart



Run your scribe to the middle of each dot to make a heart



Add more dots to the center of the heart and use your scribe to make them hearts as well



Your heart of hearts cookie is complete!



## storing and sharing

You can store your cookies in an air tight container or bag. They will remain soft cookies for around two weeks in a sealed container. You can even freeze them to enjoy later.

Share with friends or family or keep all for yourself!



Share them with me @iced.kitchen

